



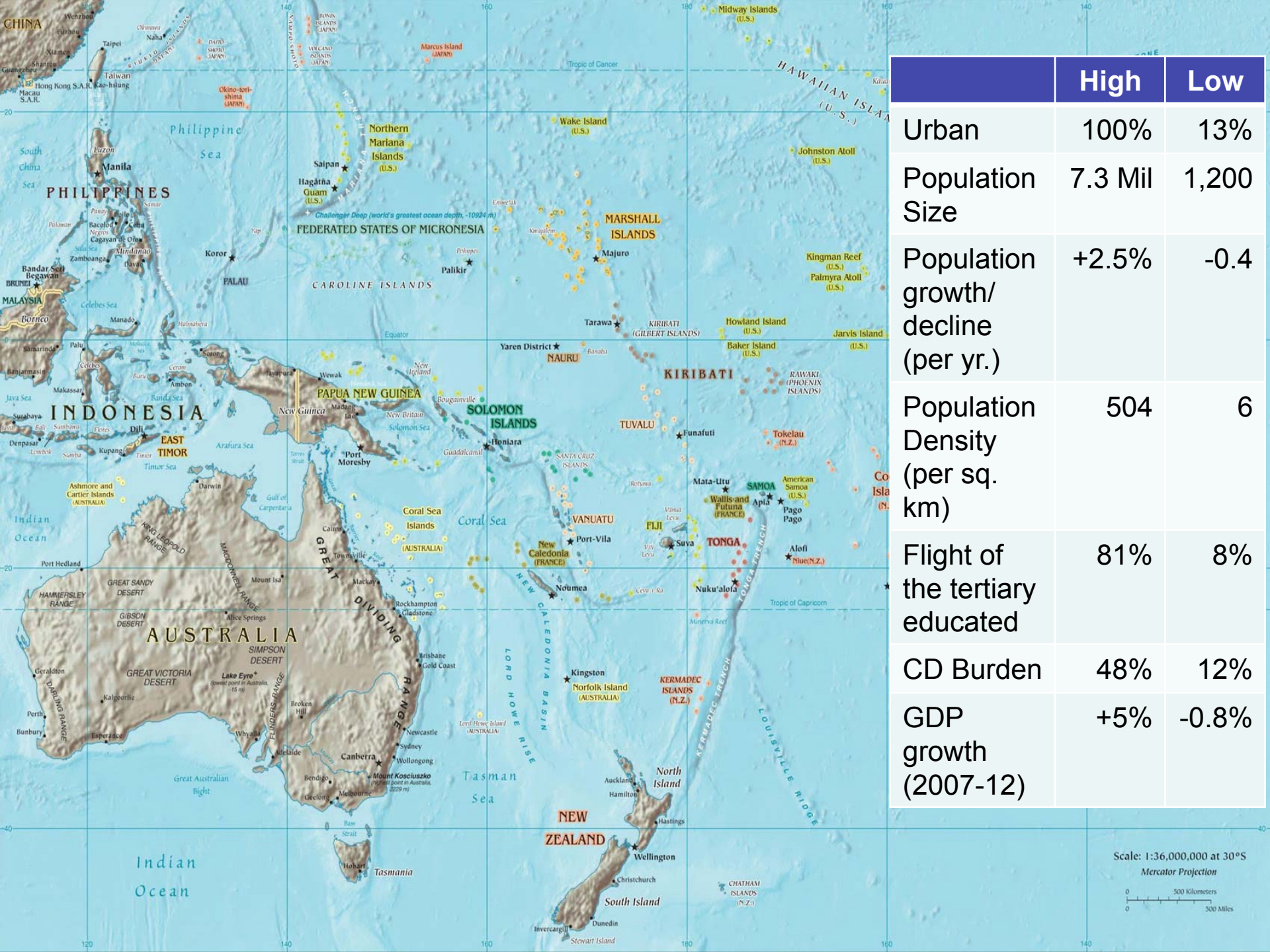
Health situation in the Pacific

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	High	Low
Urban	100%	13%
Population Size	7.3 Mil	1,200
Population growth/decline (per yr.)	+2.5%	-0.4
Population Density (per sq. km)	504	6
Flight of the tertiary educated	81%	8%
CD Burden	48%	12%
GDP growth (2007-12)	+5%	-0.8%

Scale: 1:36,000,000 at 30°S
 Mercator Projection
 0 500 Kilometers
 0 500 Miles

How do we define 'health'?

- “Health is a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity” (*WHO Constitution 1948*)
- Yanuca Declaration on ‘Healthy islands’ (1995)
 - A unifying theme for health protection and health promotion in the Pacific and reflects the comprehensive and integrated approach to health





Healthy islands are places where

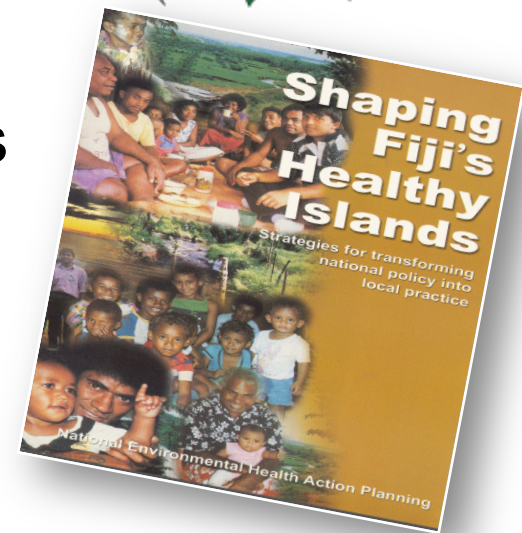
- Children are nurtured in body and mind;
- Environments invite learning and leisure;
- People work and age with dignity;
- Ecological balance is a source of pride;
- The ocean which sustains us is protected



Key ideas behind Healthy Islands

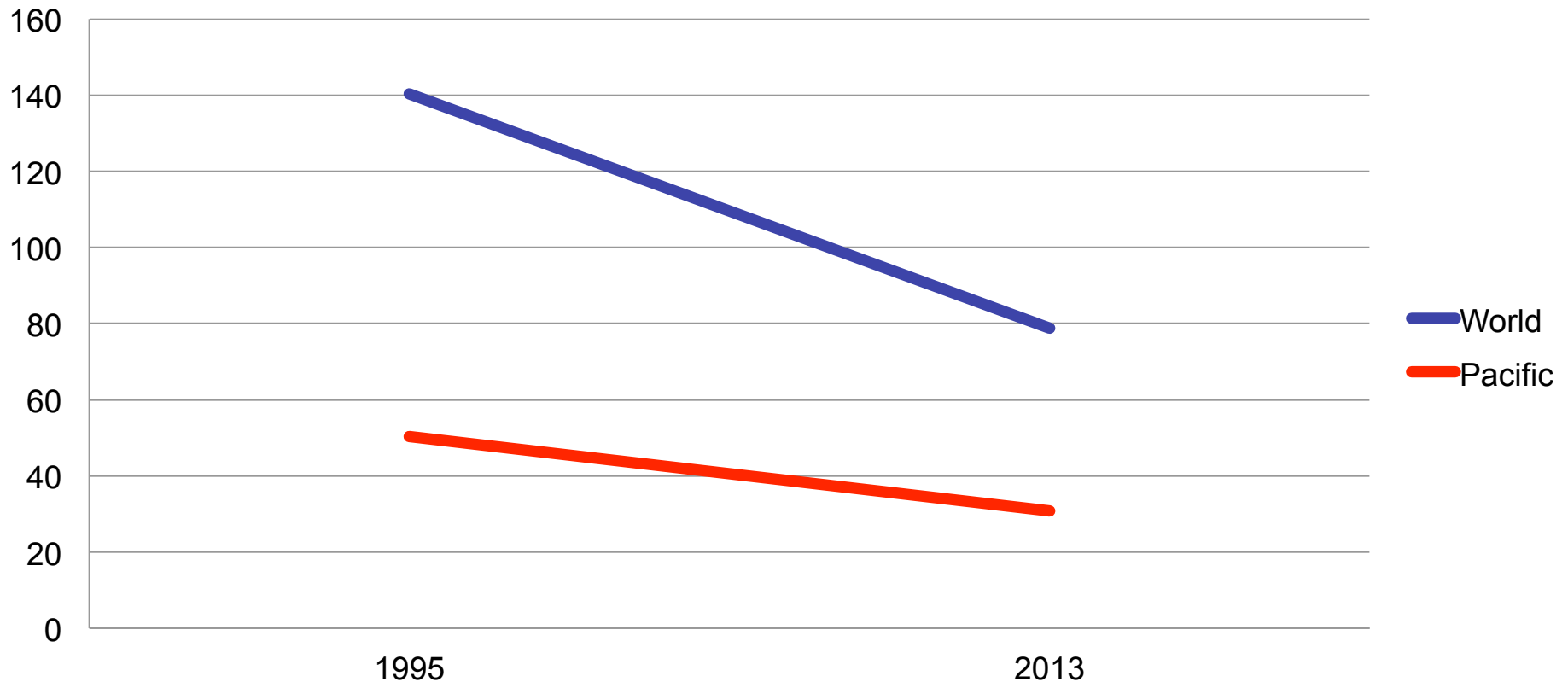


- Vision of how to improve health that is shared between Pacific island countries
- Key instrument used by Pacific Health Ministers to effect change
- Health promotion and protection
- Recognition of the importance to address social determinants of health
- Coordination of efforts across the Pacific (training, medicines)



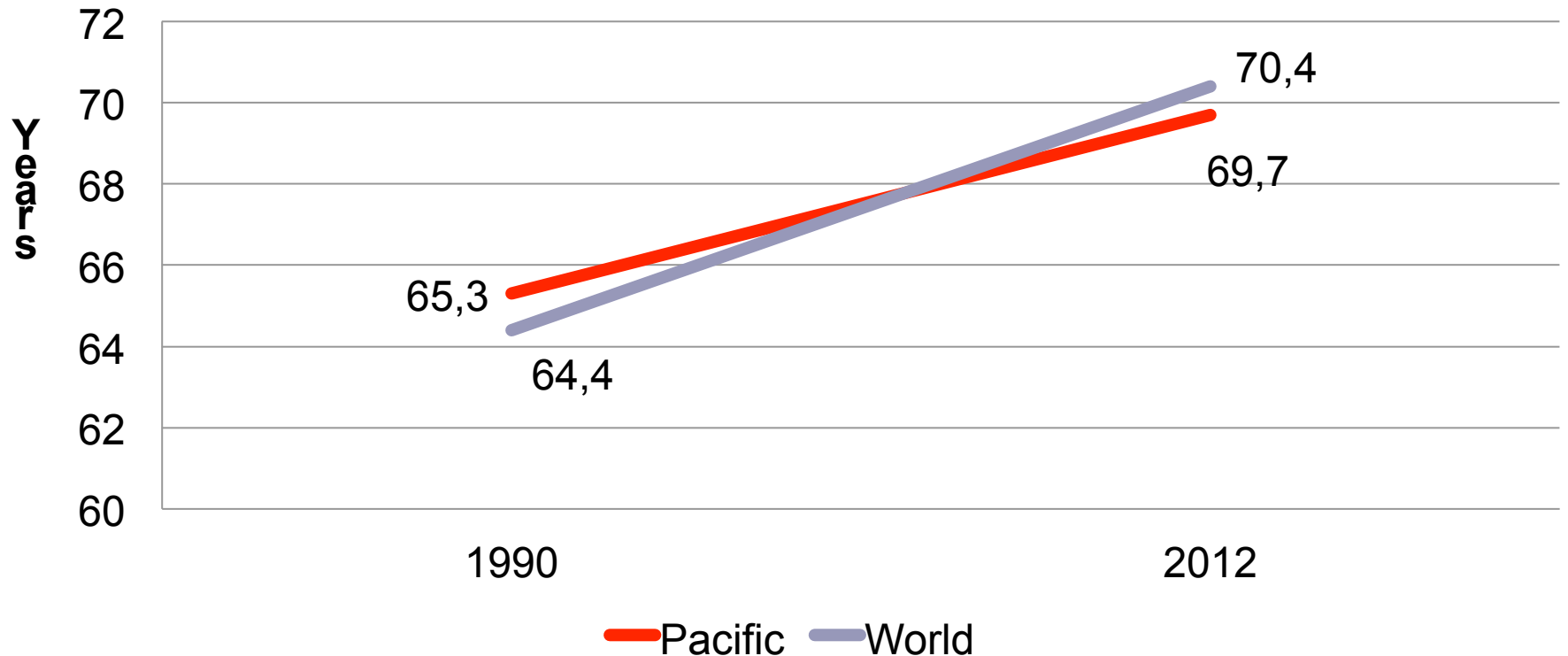
Children are nurtured in body and mind

Under-five mortality rate (per 1000 live birth)

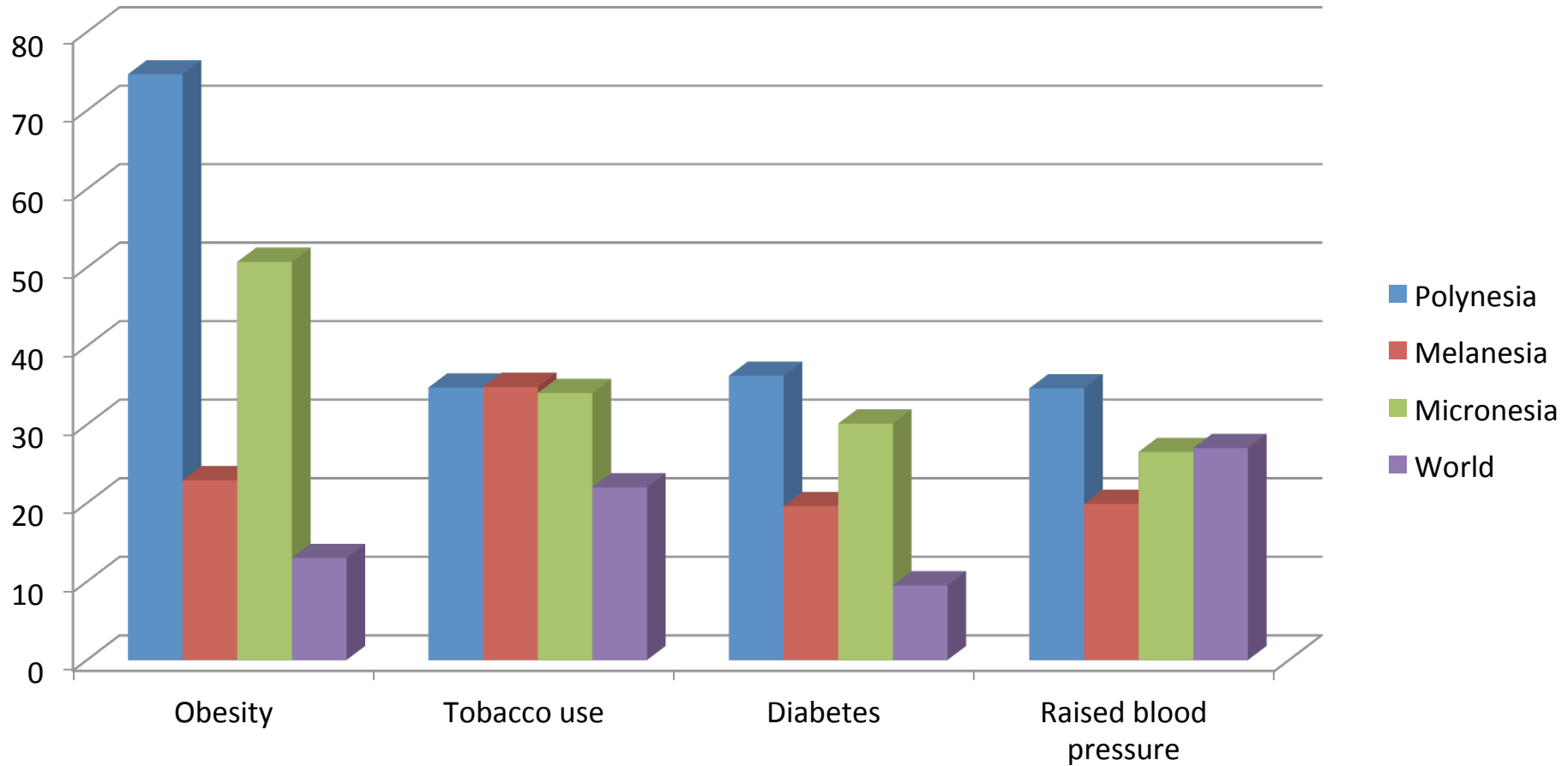


People work and age with dignity

Life expectancy at birth



People work and age with dignity



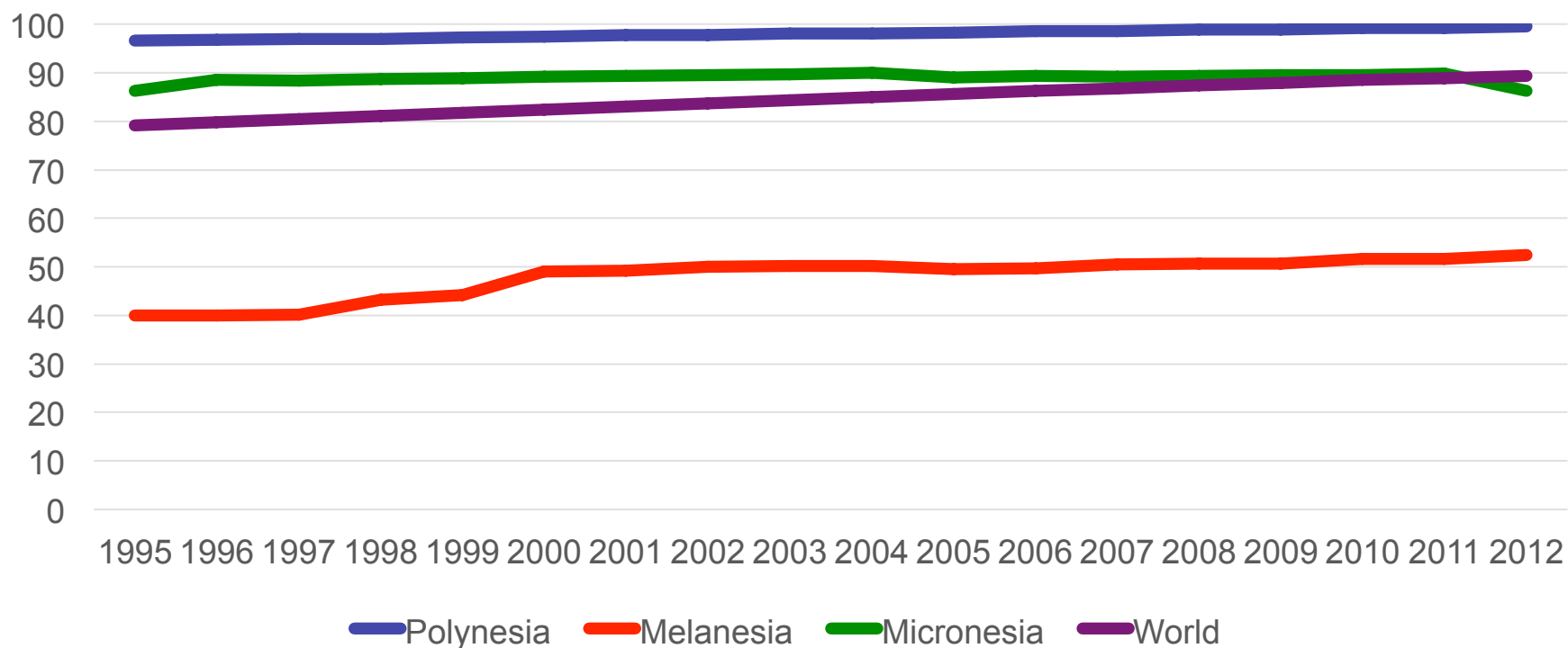
Obesity: Body Mass Index (BMI) $\geq 30\text{kg/m}^2$

Diabetes: Fasting plasma glucose concentration ≥ 7.0 mmol/l (126 mg/dl)

Raised blood pressure: SBP ≥ 140 and/or DBP ≥ 90 mmHg

Ecological balance is a source of pride

Proportion of the population using improved drinking water sources
1995-2012 (%)



The ocean which sustains us is protected

1995

1.6 metric tonnes



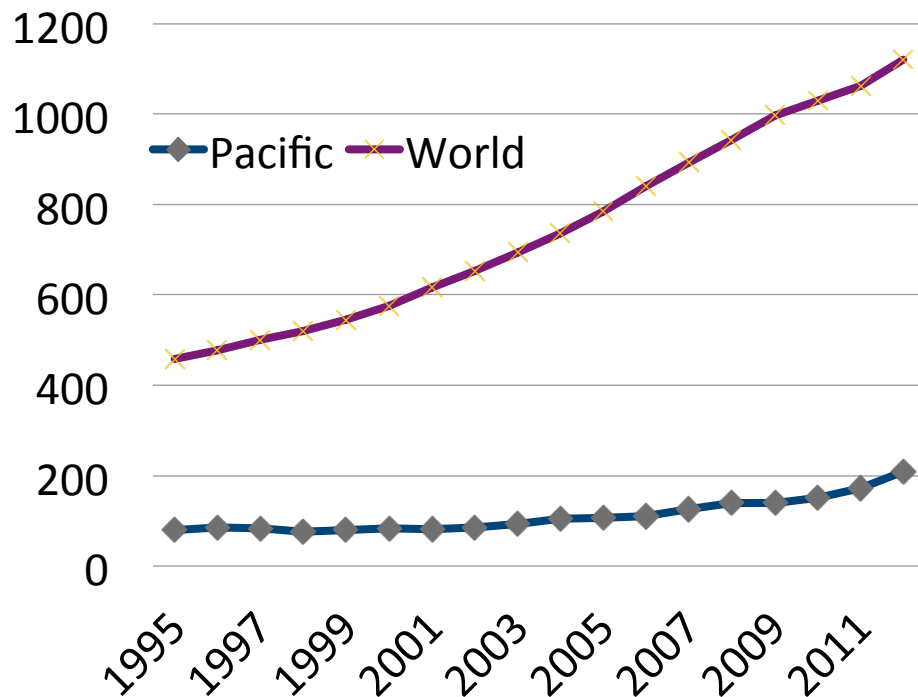
2013

2.6 metric tonnes

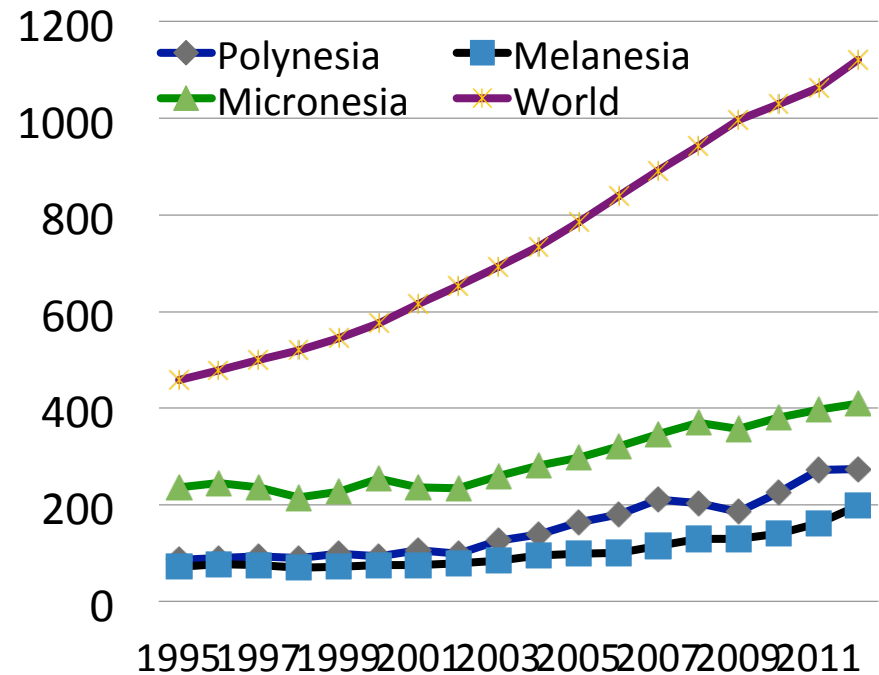
- Populations of tuna species are dropping to dangerously low levels in some areas
- 22% of Pacific people live less than five metres above sea level

What about funding?

Total Health Expenditure per capita
(Current US\$)



Total Health Expenditure per capita
(Current US\$)



What the indicators show

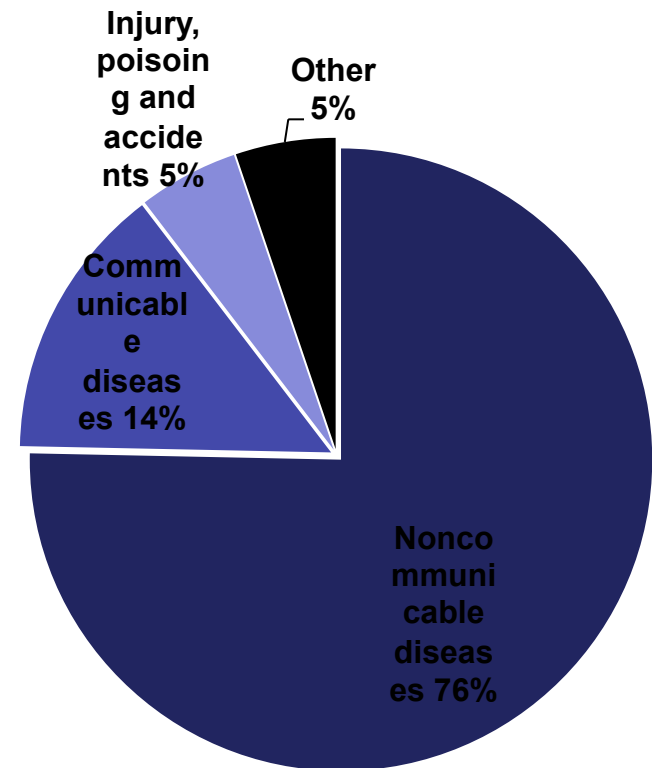
- Pacific health is improving
- The progress is slower than the rest of the world and the gap is increasing
- Health financing is a major issue in some countries
- More effective use of existing resources is possible
- The double burden persists for the bulk of the population
- Considerable inequalities in health between and within countries
- NCD burden is intensifying



Pacific Noncommunicable disease (NCD) crisis

- Health and socio-economic crisis
 - Current health systems cannot cope
- Highest rates of obesity and diabetes in the world
 - 1 in 10 diabetes patients have an amputation (Kiribati highest amputation rate in the world)
 - Diabetes retinopathy is the leading cause of adult blindness
- CVD and stroke are the most common causes of death

Causes of death in the Pacific



Challenges (1)

- Implementation gap at country level
 - Uncoordinated vertical programmes, loss of community-based approaches, weak health management, limited access to data
- Social, economic and environmental challenges
 - Increasing poverty and inequality, ‘brain drain’, climate change



Challenges (2)

- Challenges in sustaining resources for the health sector
 - Unassured sustainable health financing, lack of skilled health workers in the right places
- Challenges in translating global policy initiatives into the Pacific context
 - Sustainable Development Goals (SDG) and Universal Health Coverage (UHC)





The way forward

- “*Business as usual*” for health development in the Pacific is insufficient to meet the increasing gap between it and the rest of the world
- Special attention needs to be given to the NCD crisis
- Identify health targets and indicators as well as institutional mechanisms to deliver, monitor and evaluate
- Context specific and tailored interventions



Thank you

